

# Which men change in response to VAW prevention interventions?

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**WhatWorks**  
TO PREVENT VIOLENCE  
A Global Programme To Prevent  
Violence Against Women and Girls



**UKaid**  
from the Department for  
International Development



UNIVERSITY OF THE  
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# Latent class analysis

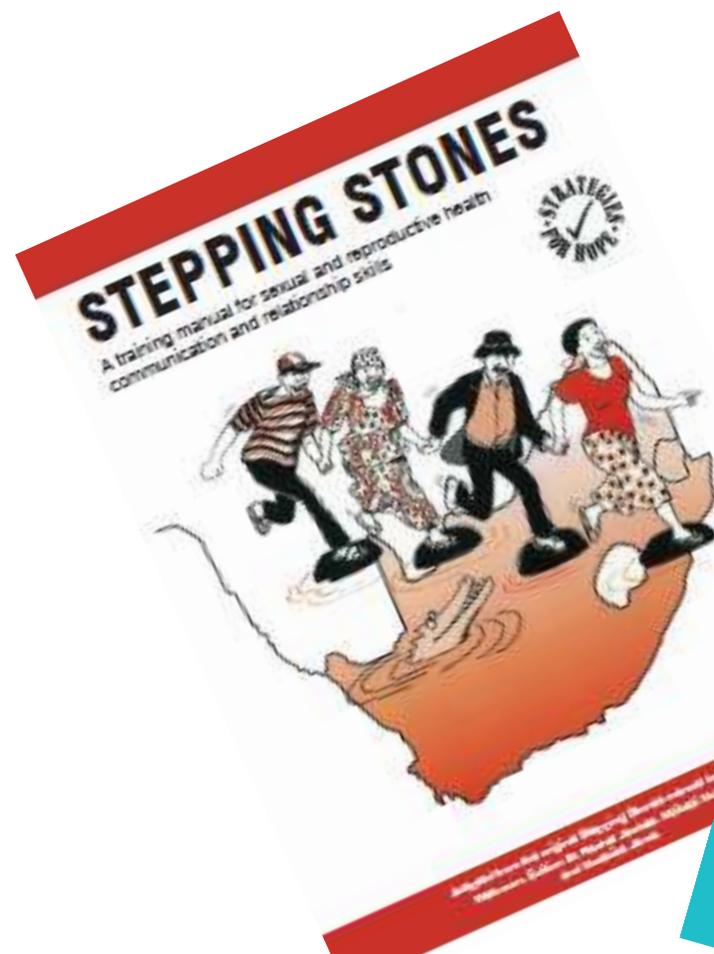
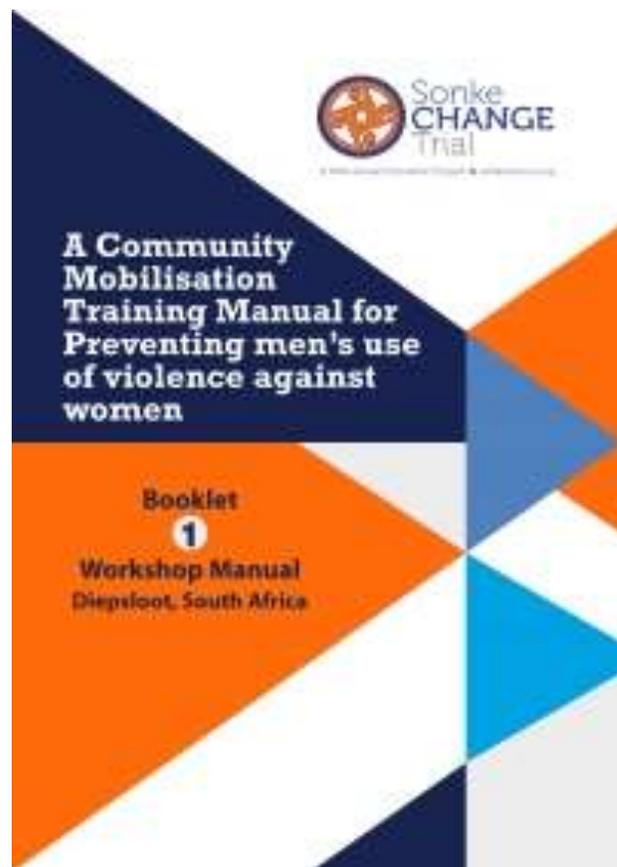
- ▶ Distinguishes men in groups by probability of particular behaviour
- ▶ Variables used to define classes were shown to track together and define classes in research in South Africa with a similar population of men and in research from Asia/Pacific <sup>1</sup>
- ▶ Data is from 506 men who were interviewed at endline in the Stepping Stones Creating Futures trial (near Durban) and 2406 men from baseline in the Sonke Change Trial (near Johannesburg)

1. Jewkes R, Morrell R. (2018) Hegemonic Masculinity, Violence and Gender Equality: using latent class analysis to investigate the origins and correlates of differences between men. *Men and Masculinities* 21(4), 547-571



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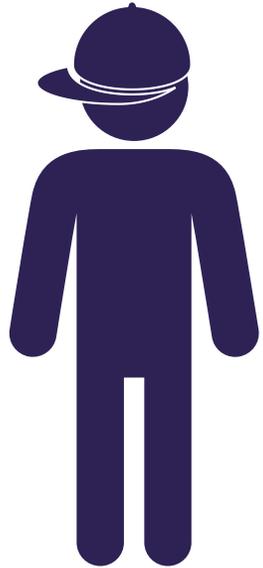
# Two What Works interventions in peri-urban settlements



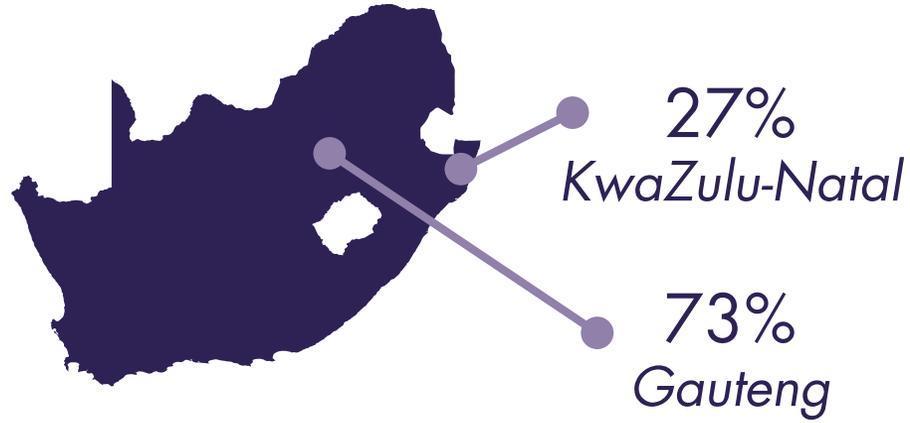




2 516 young  
men



Average Age:  
24 years



53% migrated



43% matric



26%  
live  
with  
partner

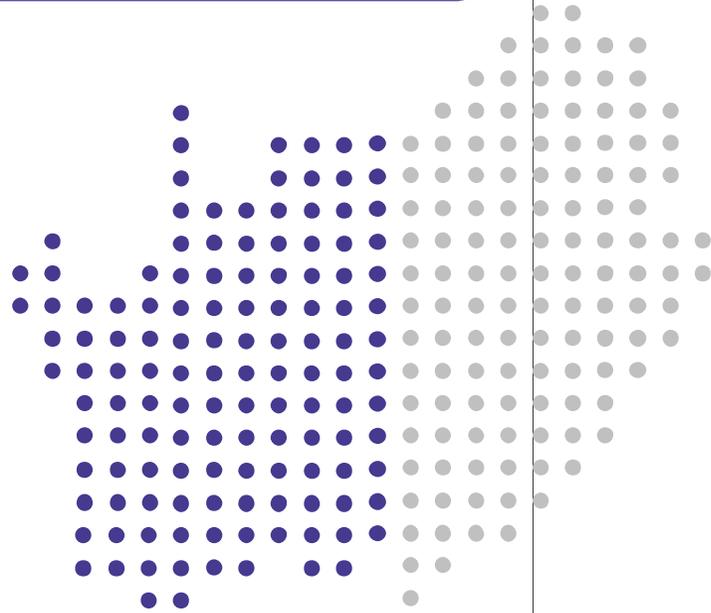
Who we  
spoke to



# Socio-demographics

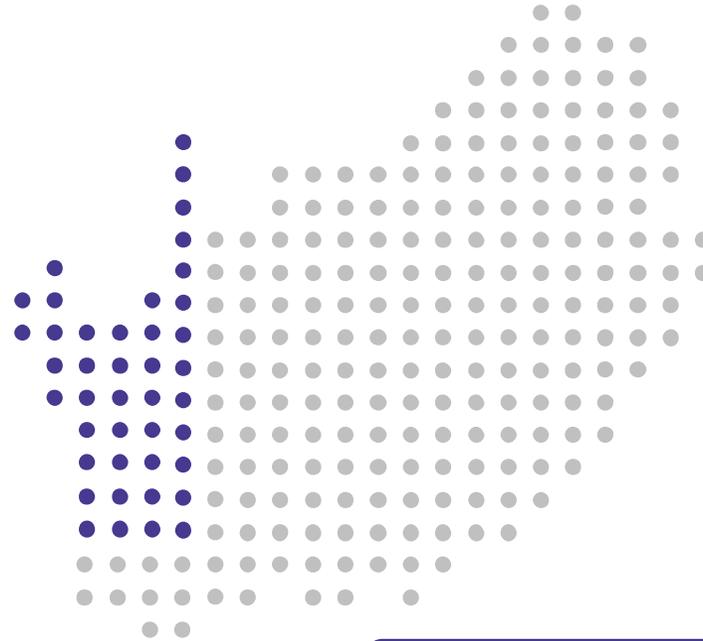


59.5%  
Used Violence  
against Women<sup>a</sup>



Informal settlements<sup>b</sup>

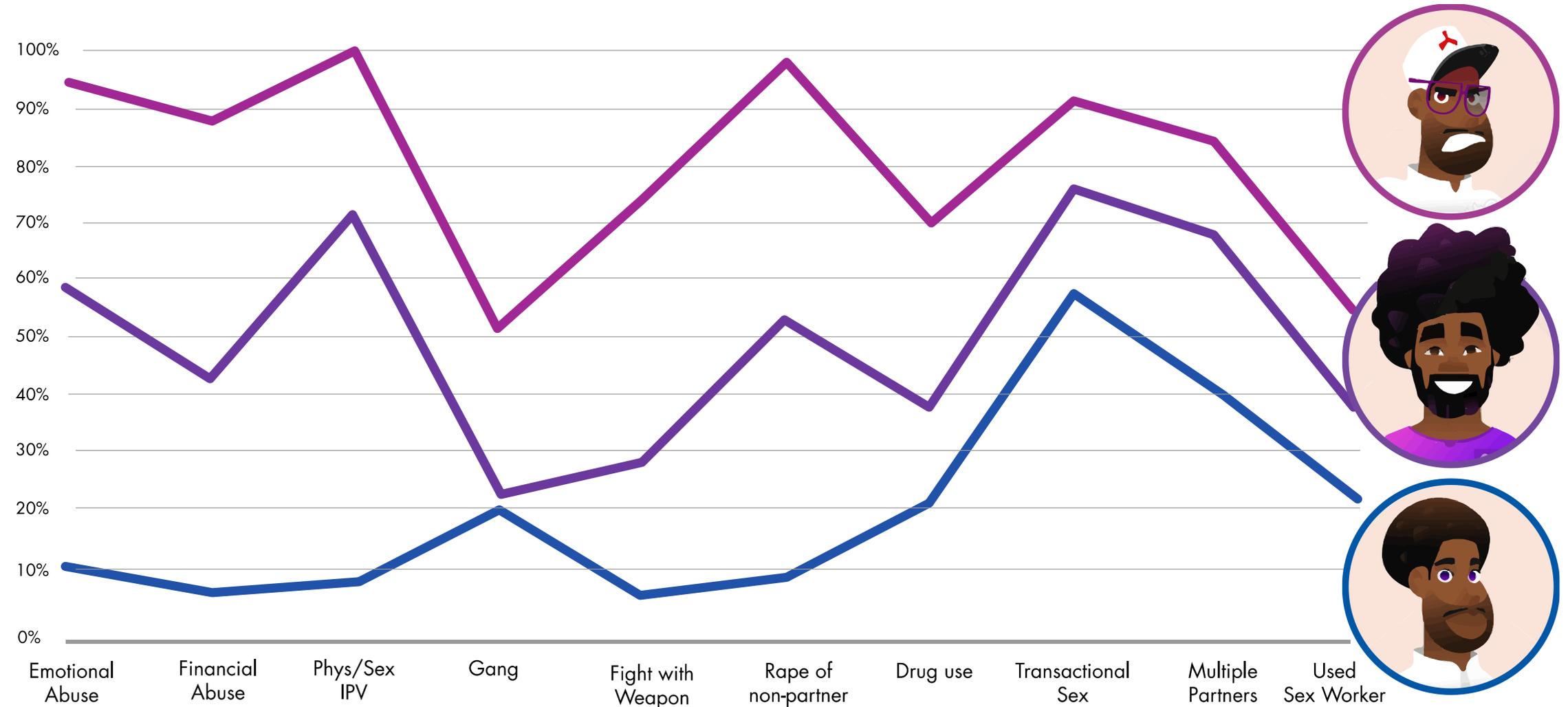
18.6%



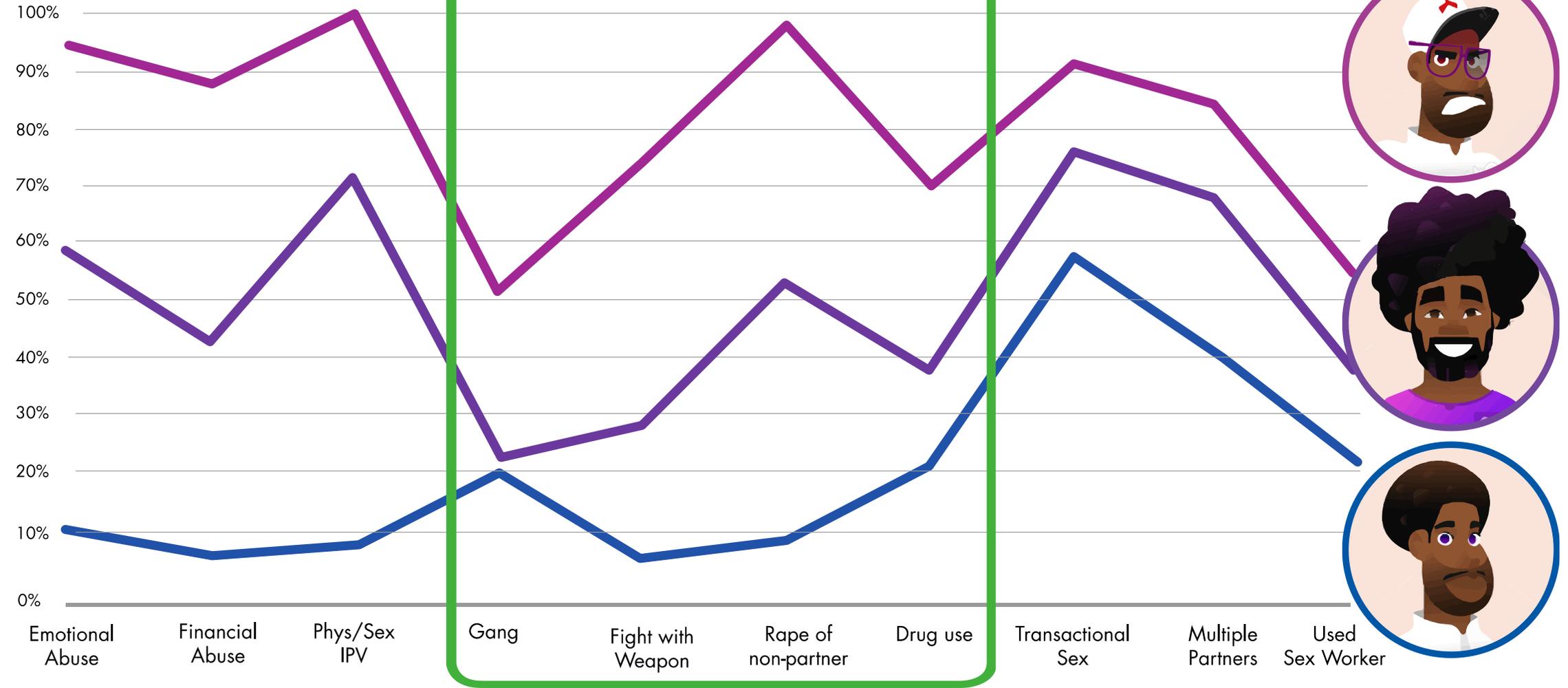
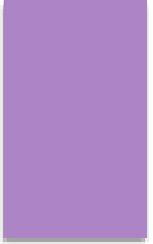
Nationally<sup>c</sup>

VAW rates

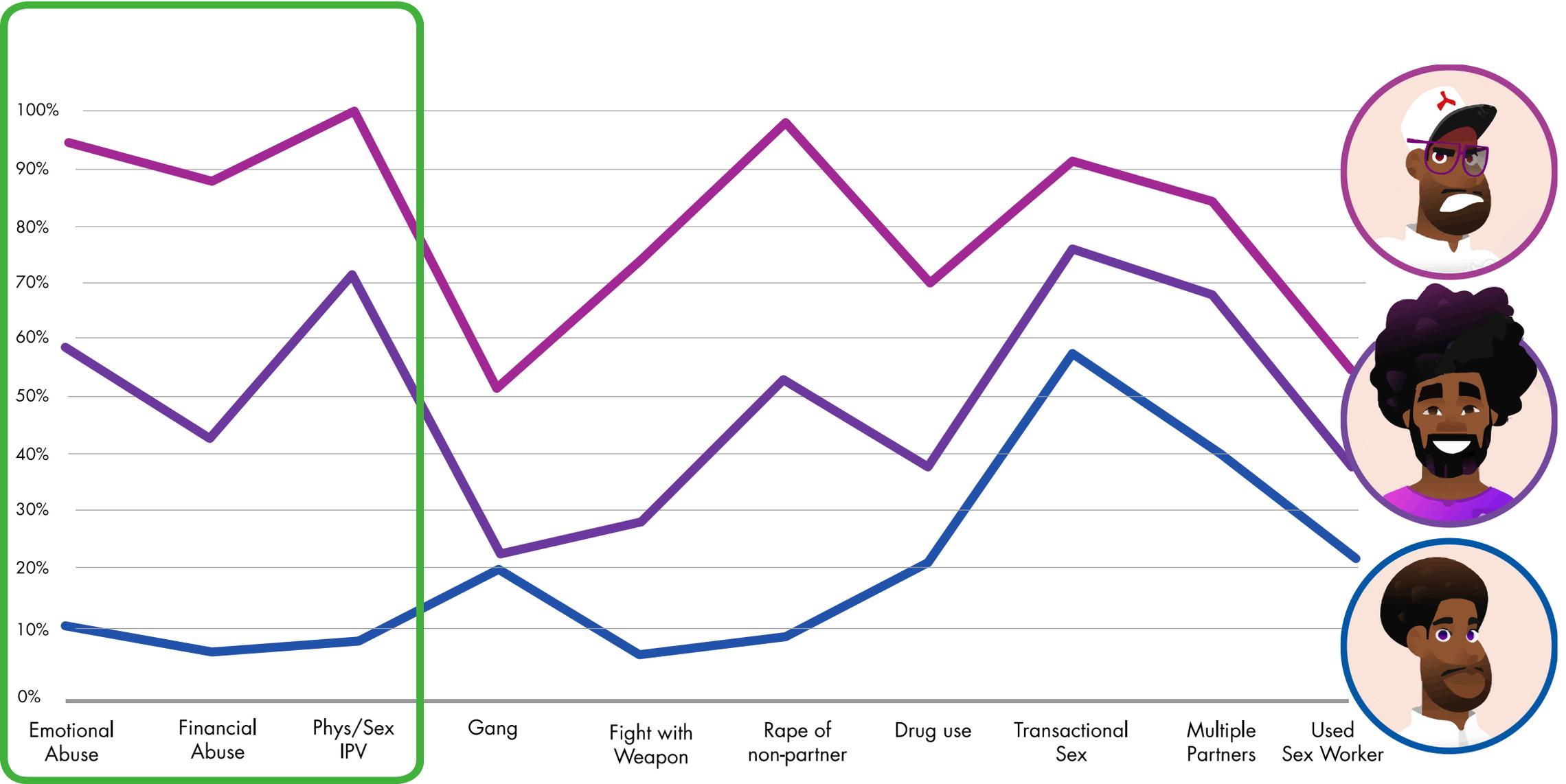
<sup>a</sup> Violence against women is any physical and/or sexual act of violence towards a partner or any rape of a non-partner  
<sup>b</sup> Data on men's perpetration from What Works, <sup>c</sup> Data from the Men's Health and Violence Study, Jewkes et al.(2010) - aligns with national data on women's victimisation Stats SA (2017) Demographic Health Survey



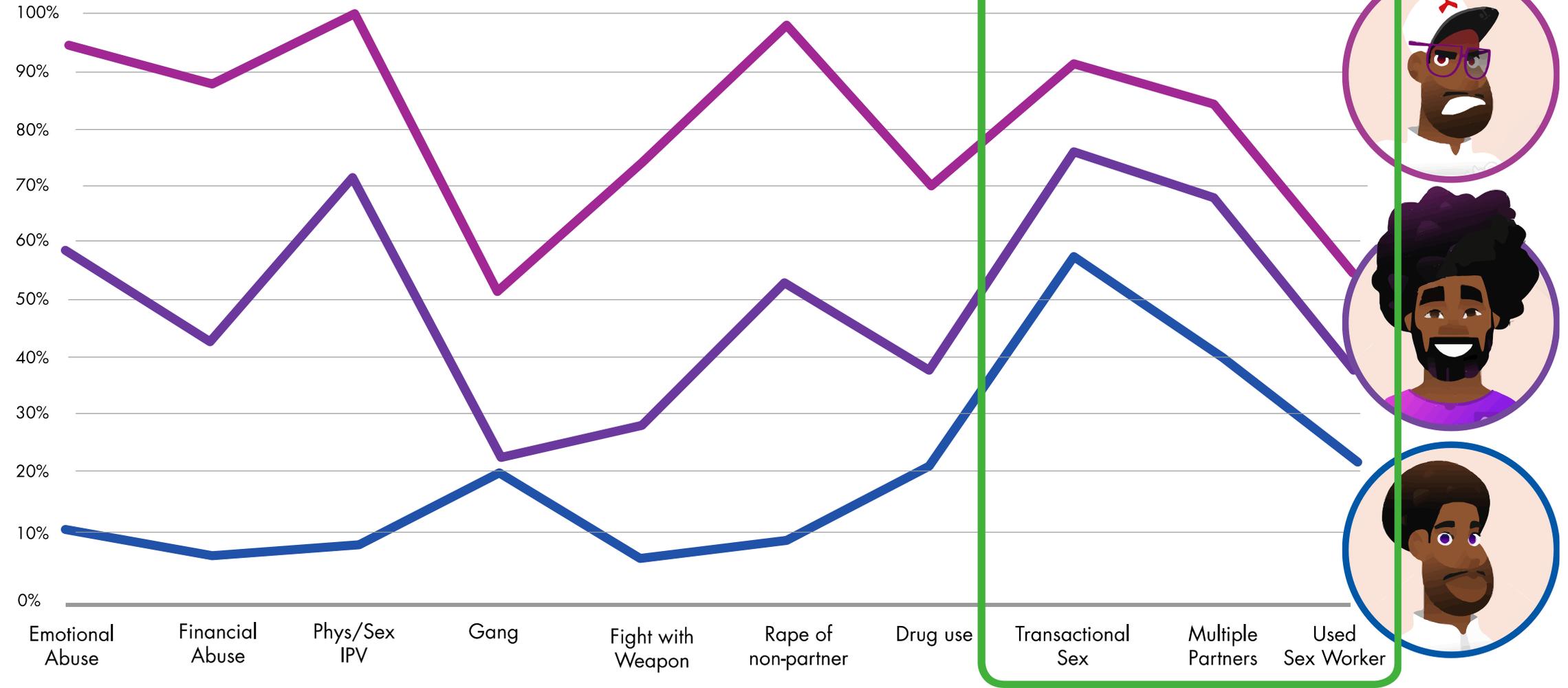
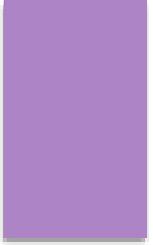
# Criminal

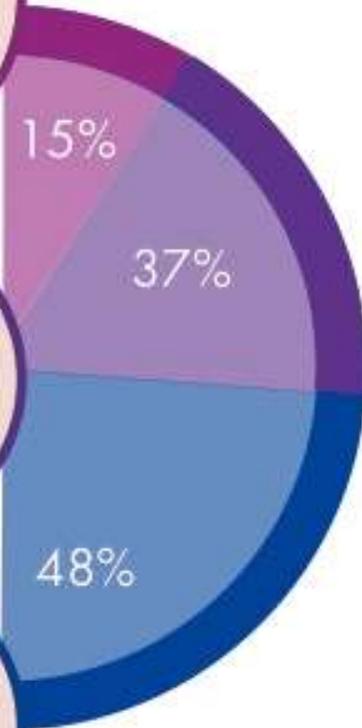
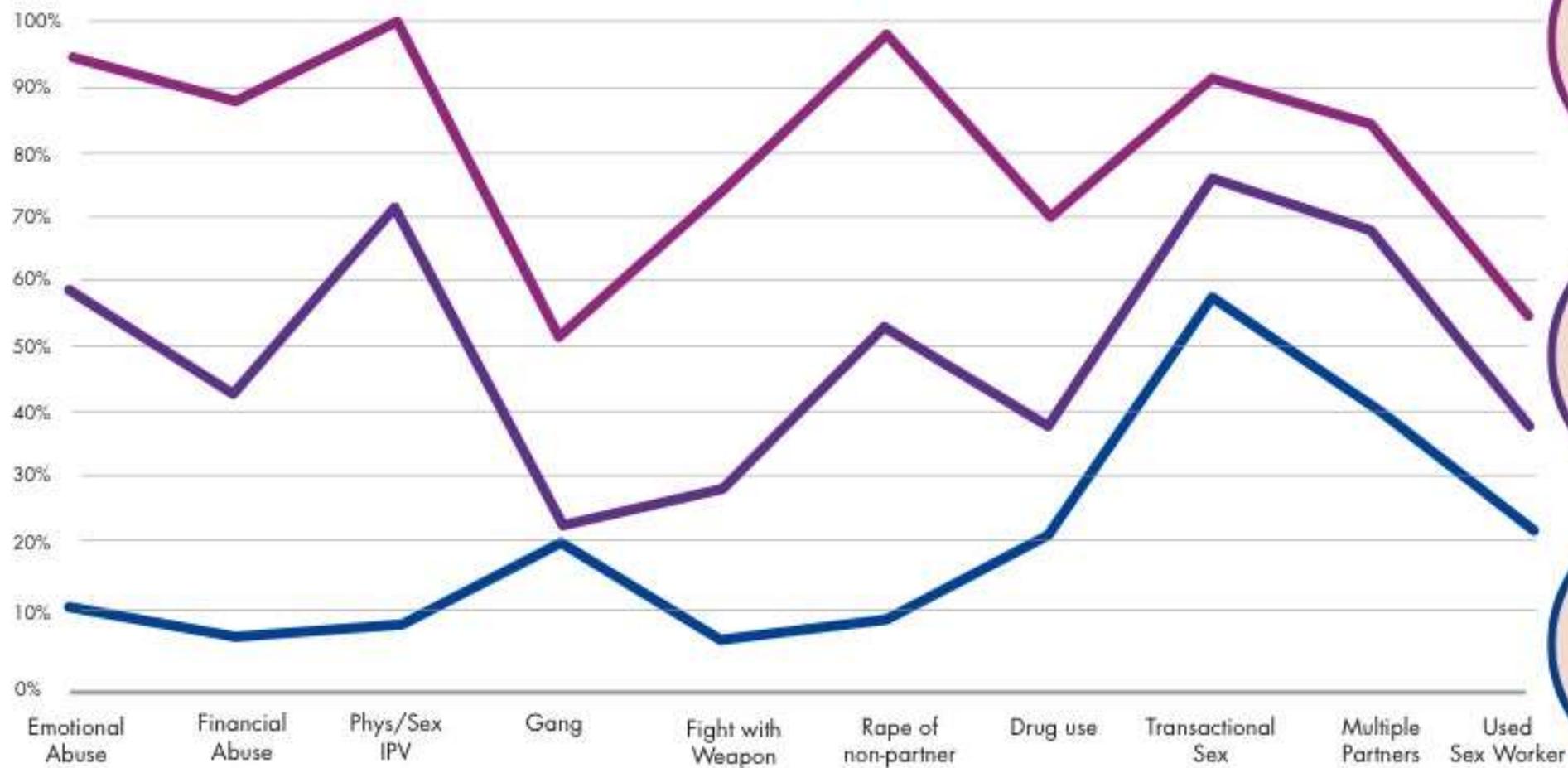
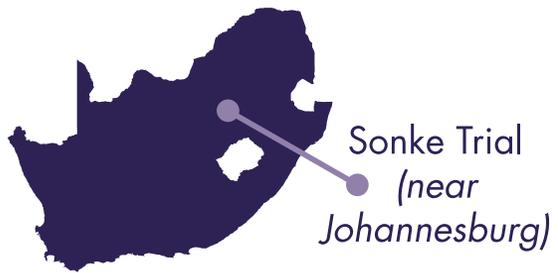


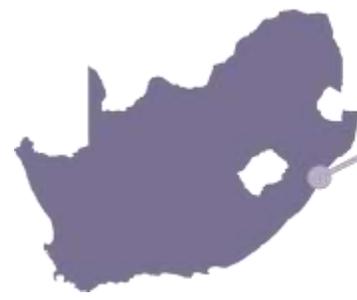
# IPV



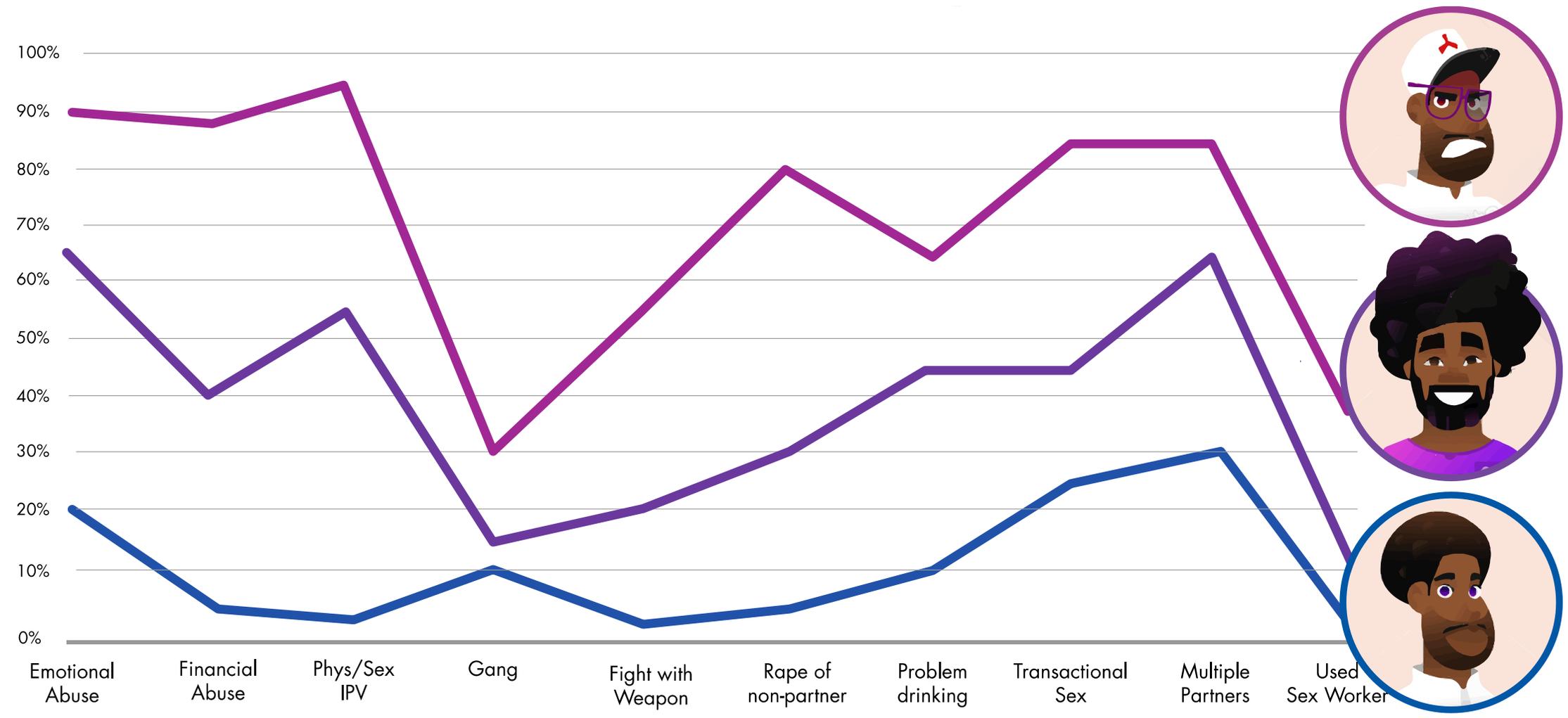
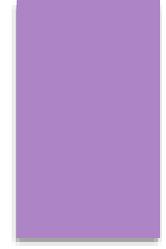
# Sexual





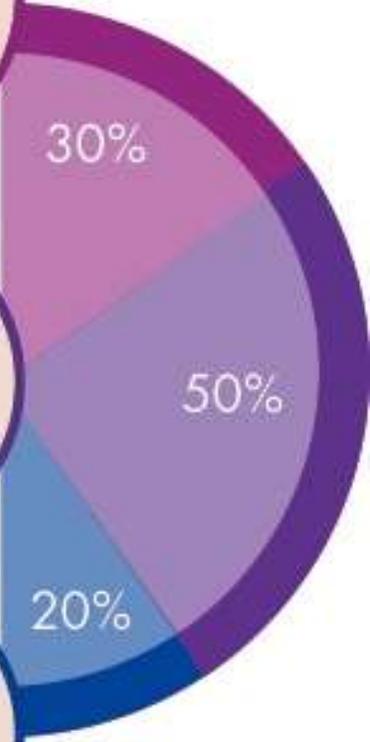
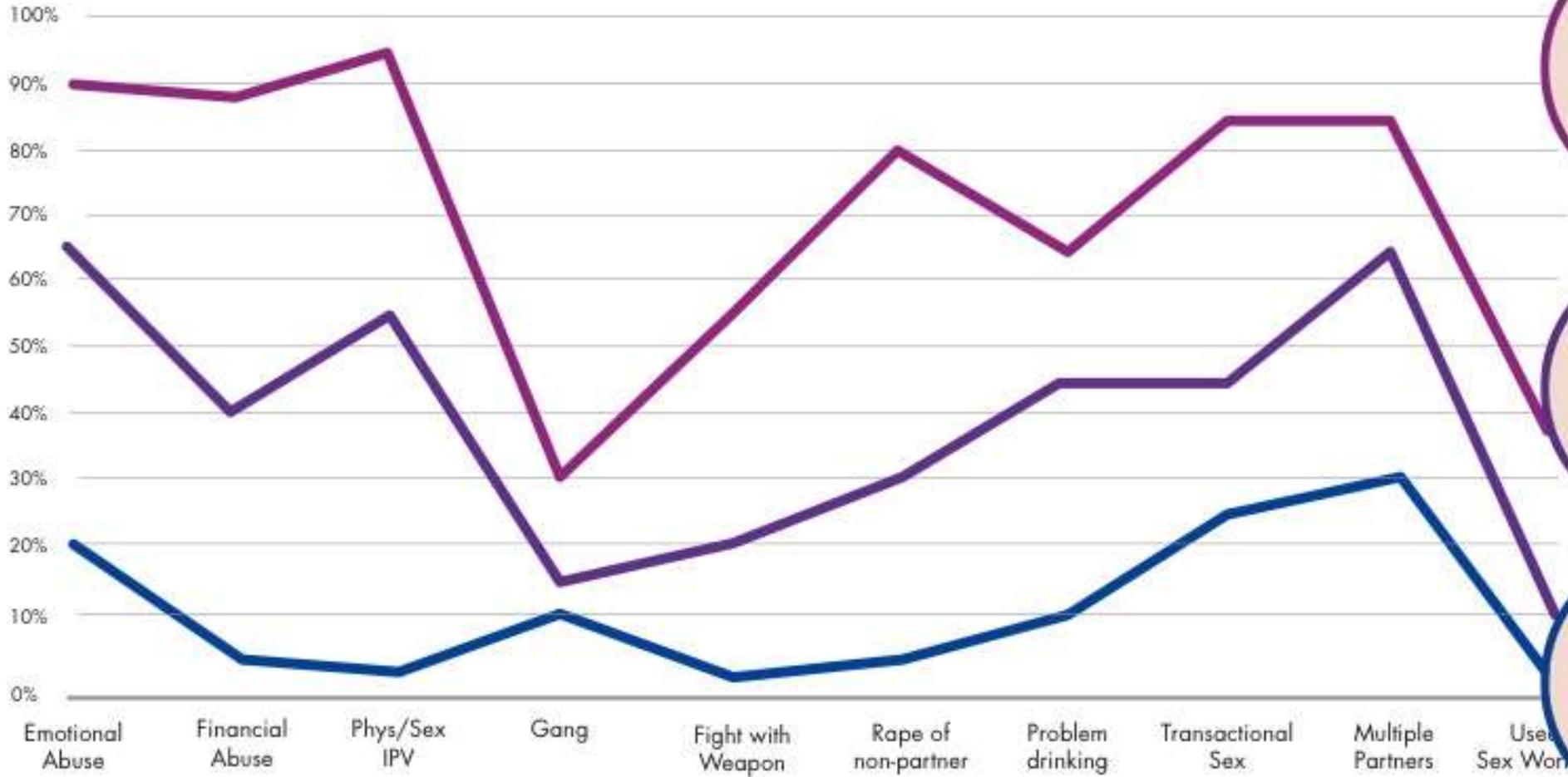


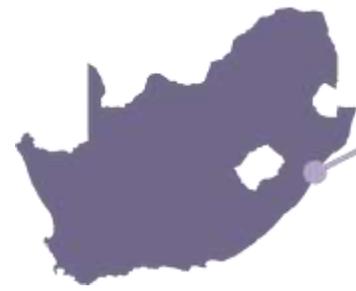
Stepping Stones  
Creating Futures Trial  
(near Durban)



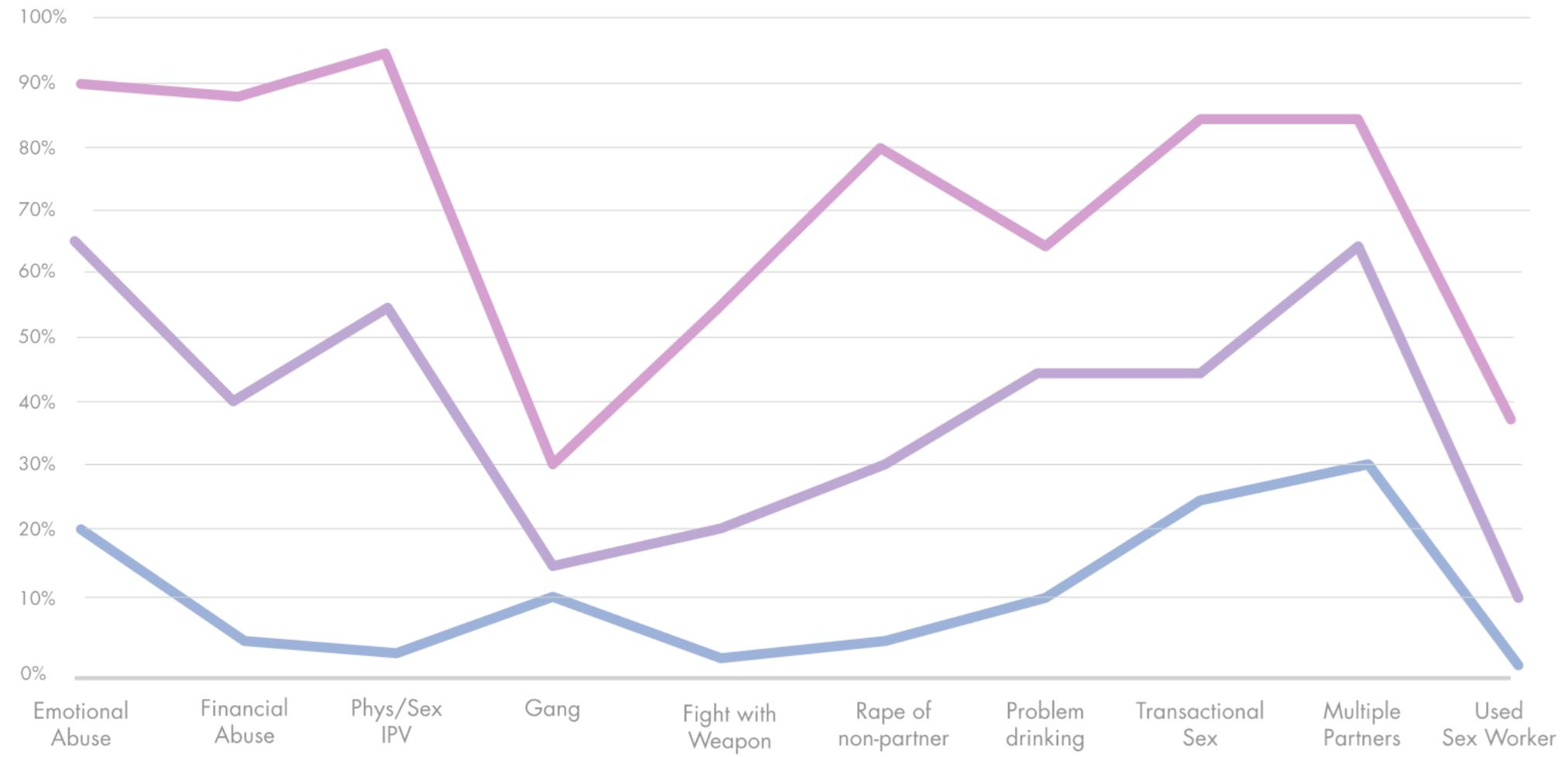
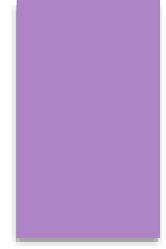


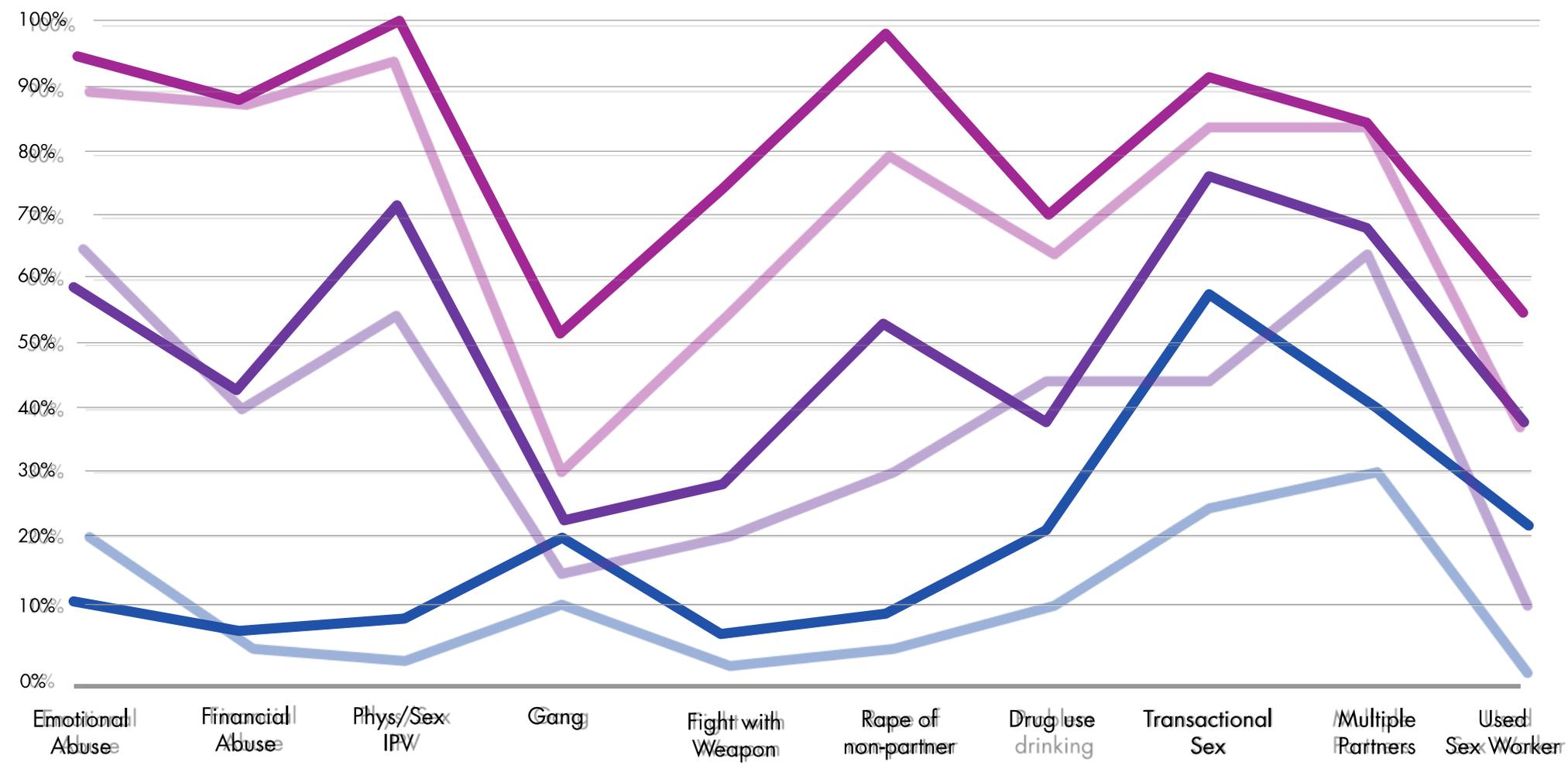
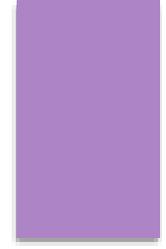
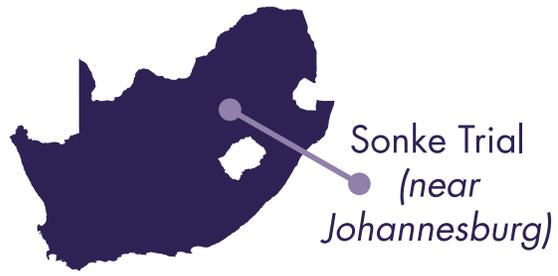
Stepping Stones  
Creating Futures Trial  
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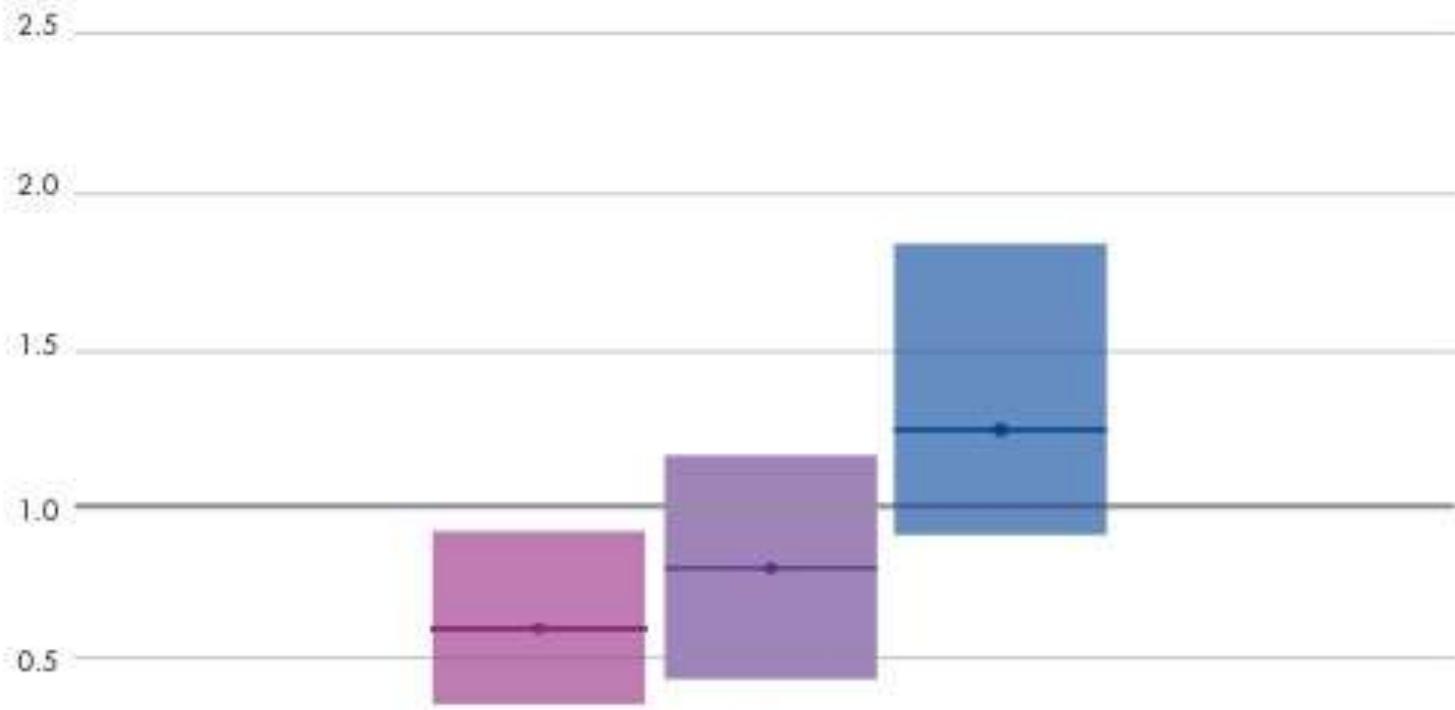


Stepping Stones  
Creating Futures Trial  
(near Durban)



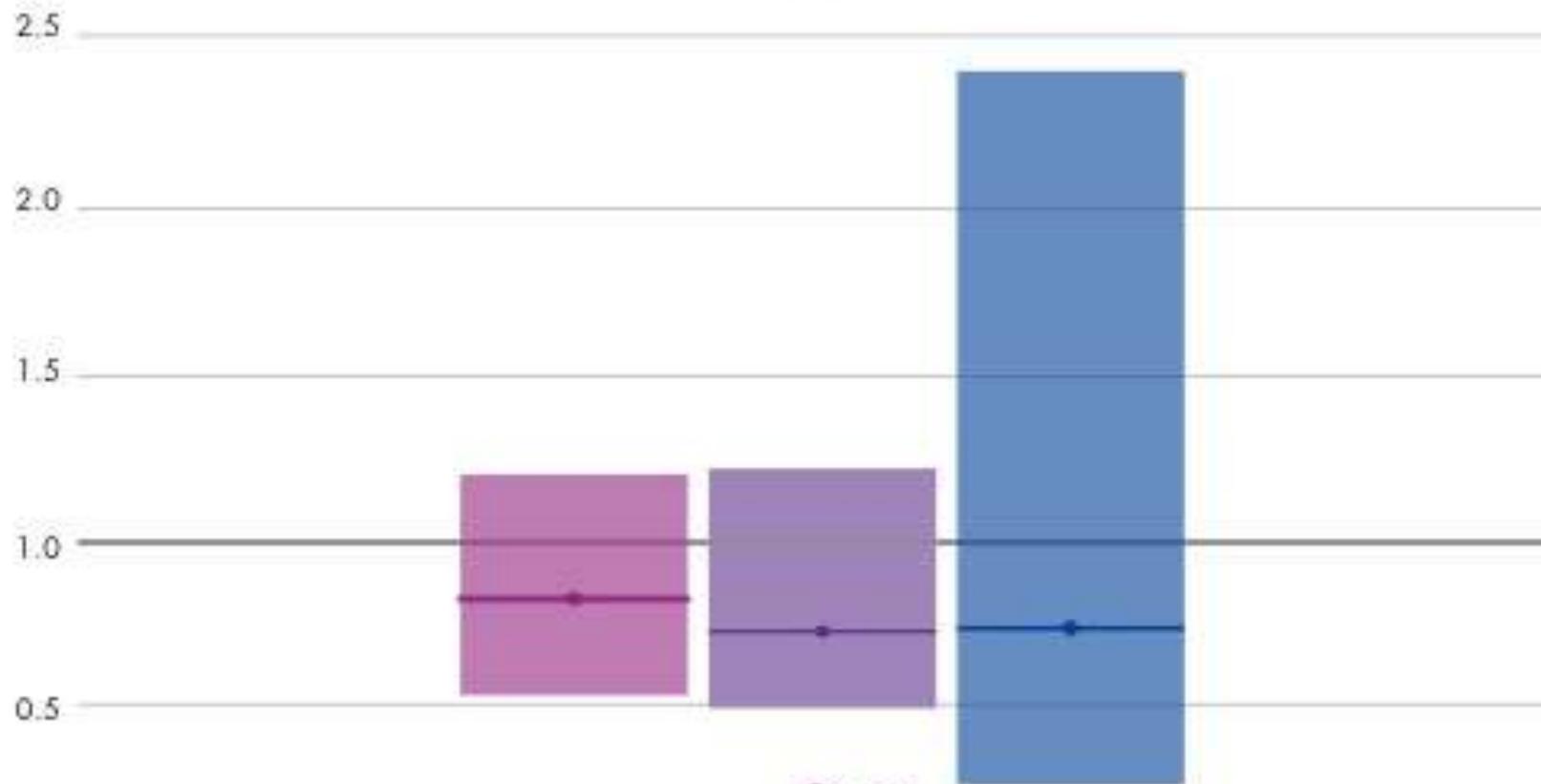


After the SSCF intervention: "Aggressors" significantly reduced;  
"Smooth operators" slightly reduced; "Average Joe's" look about the same



## Physical IPV

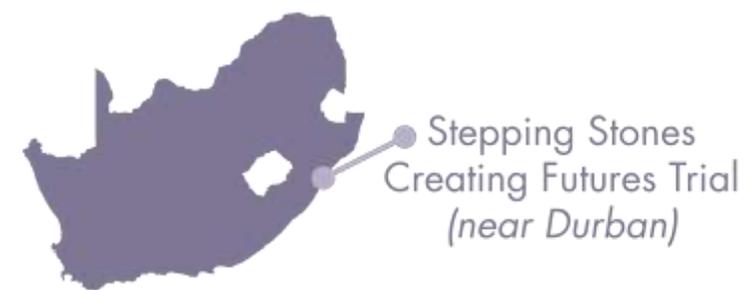
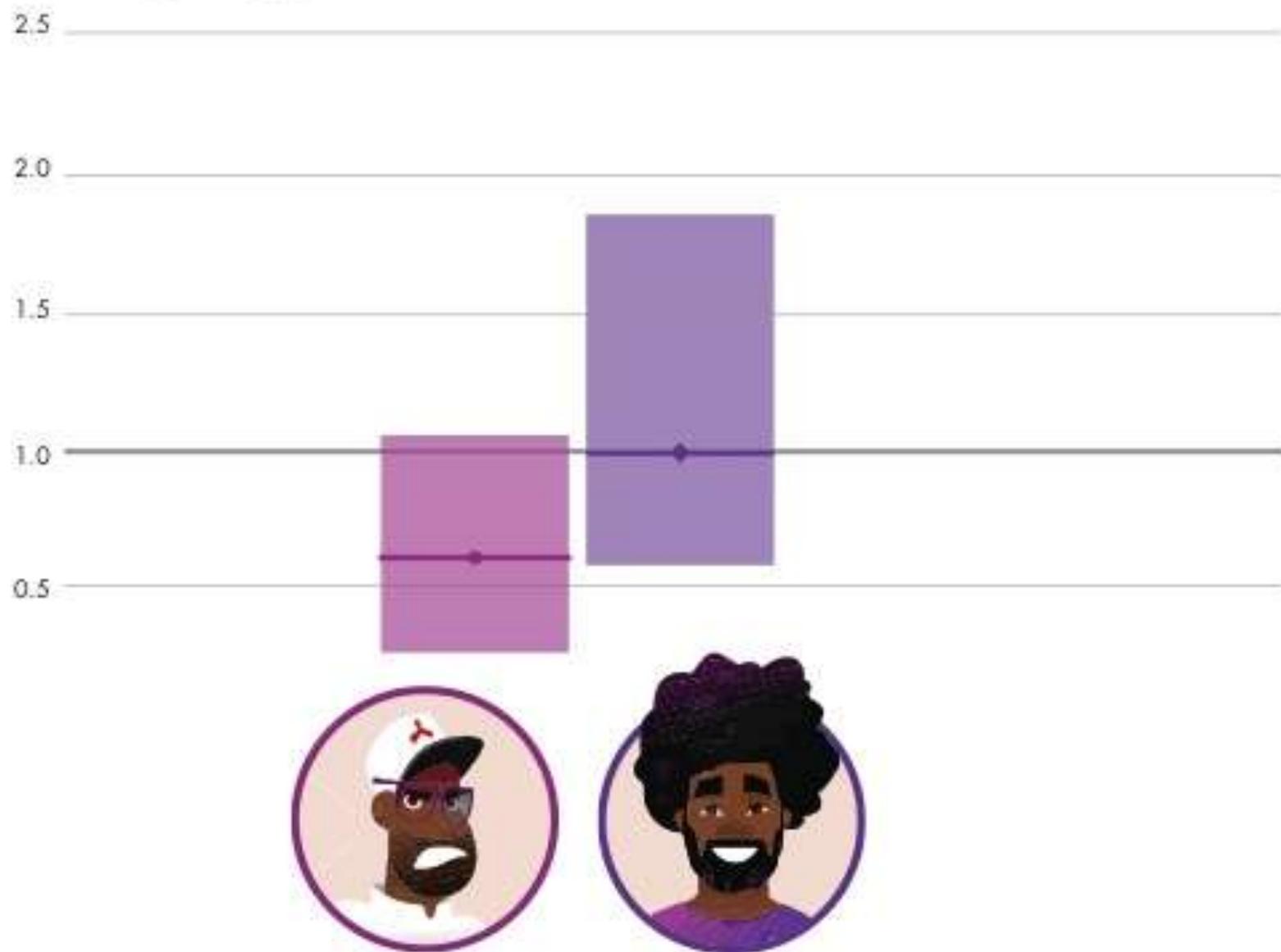
After the SSCF intervention: Sexual IPV reduction looked about the same regardless of class



Stepping Stones  
Creating Futures Trial  
(near Durban)

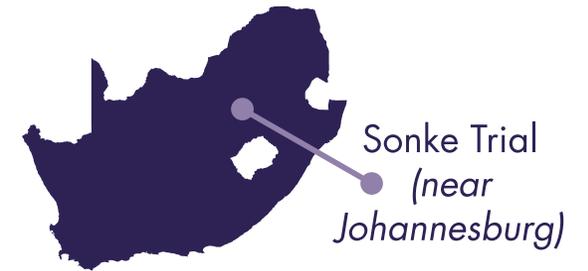
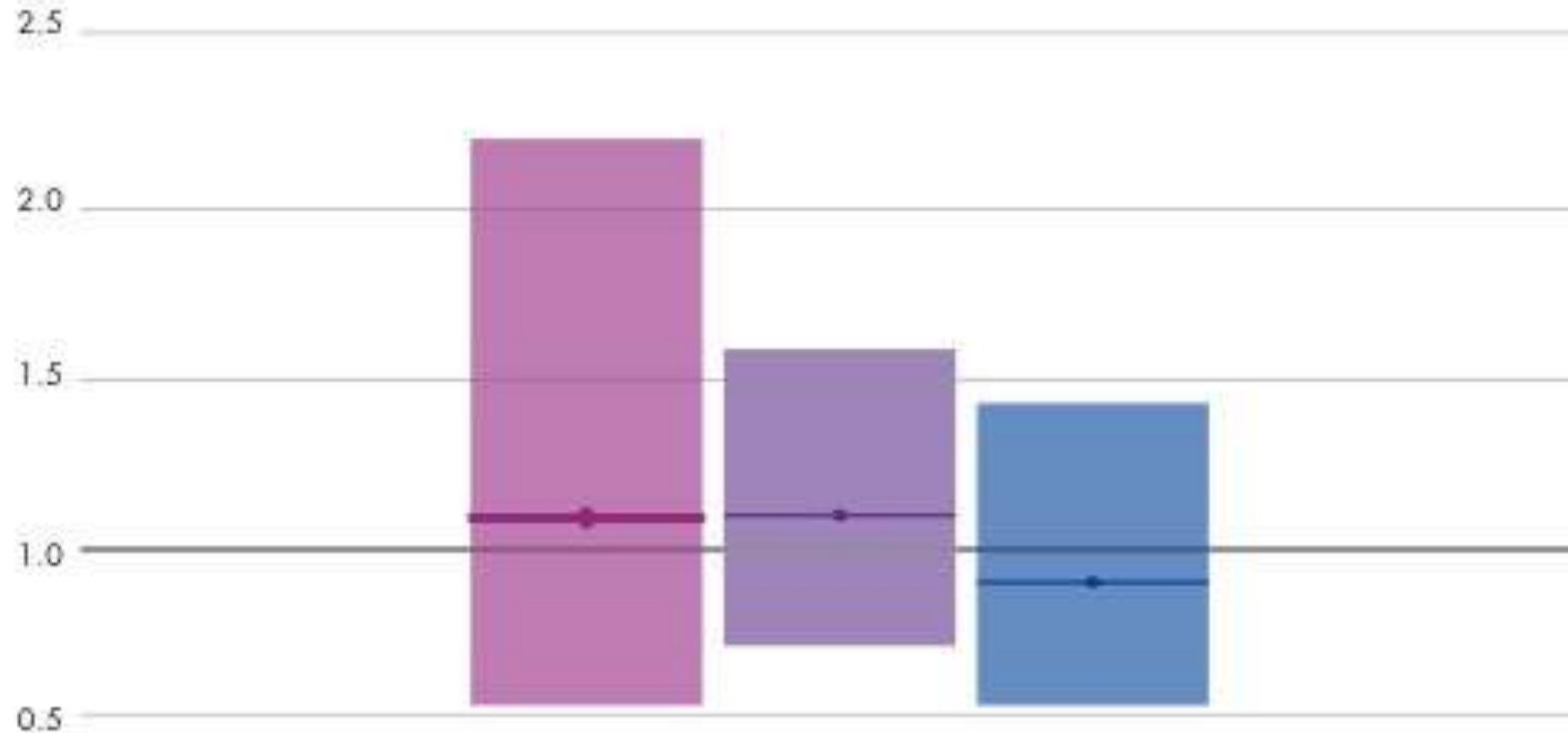
**Sexual IPV**

After the SSCF intervention: Severe IPV was greatly reduced among "Aggressors"



**Severe IPV**

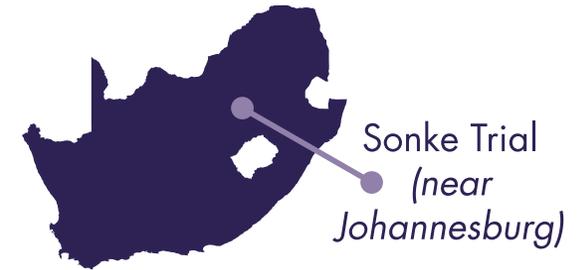
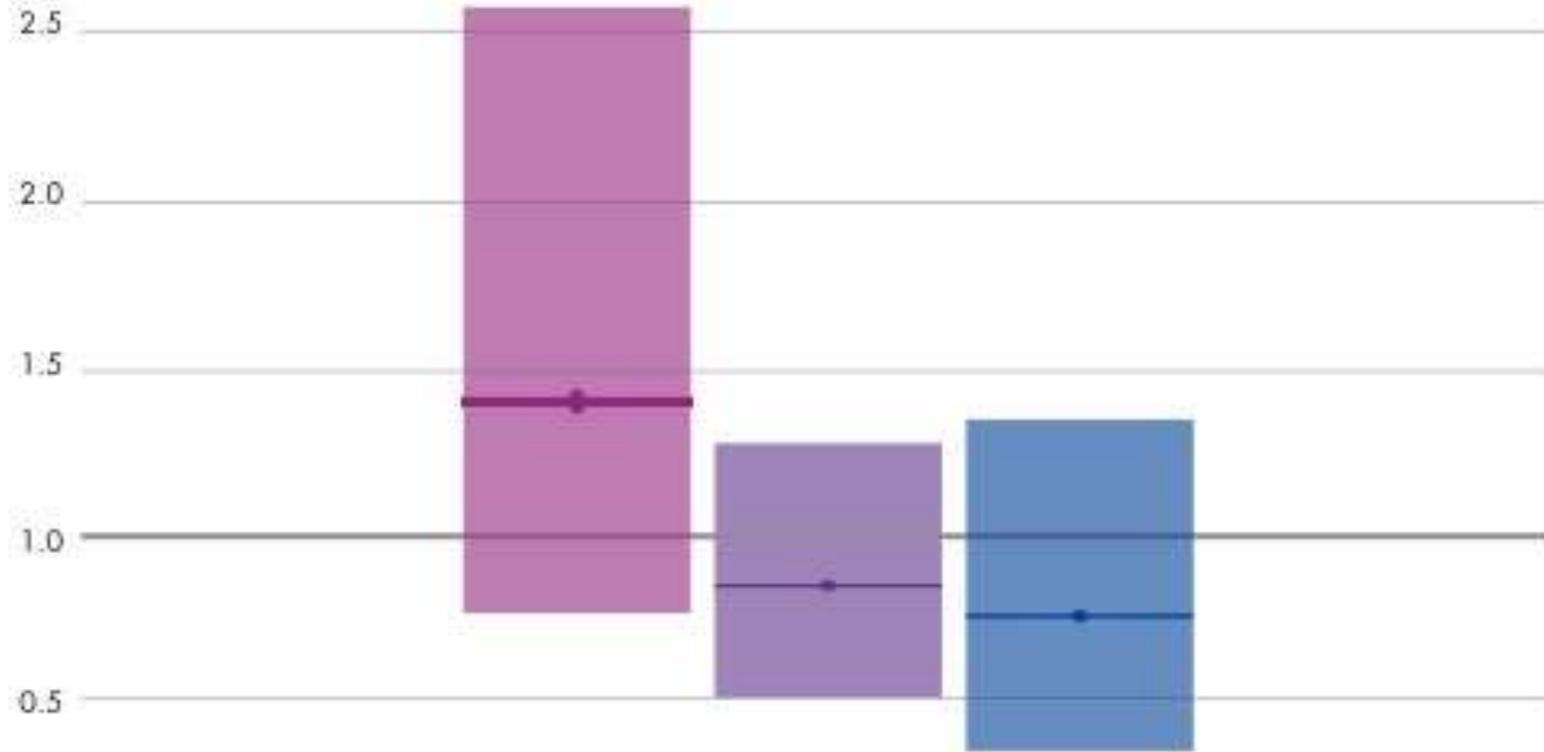
After the Sonke intervention: Physical IPV stayed about the same for every class



**Physical IPV**



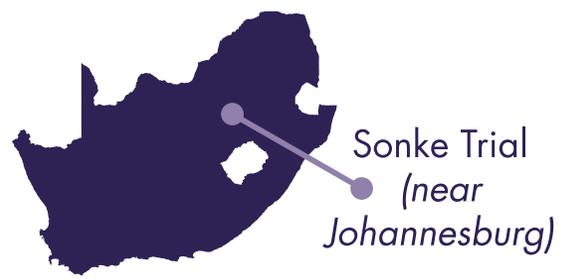
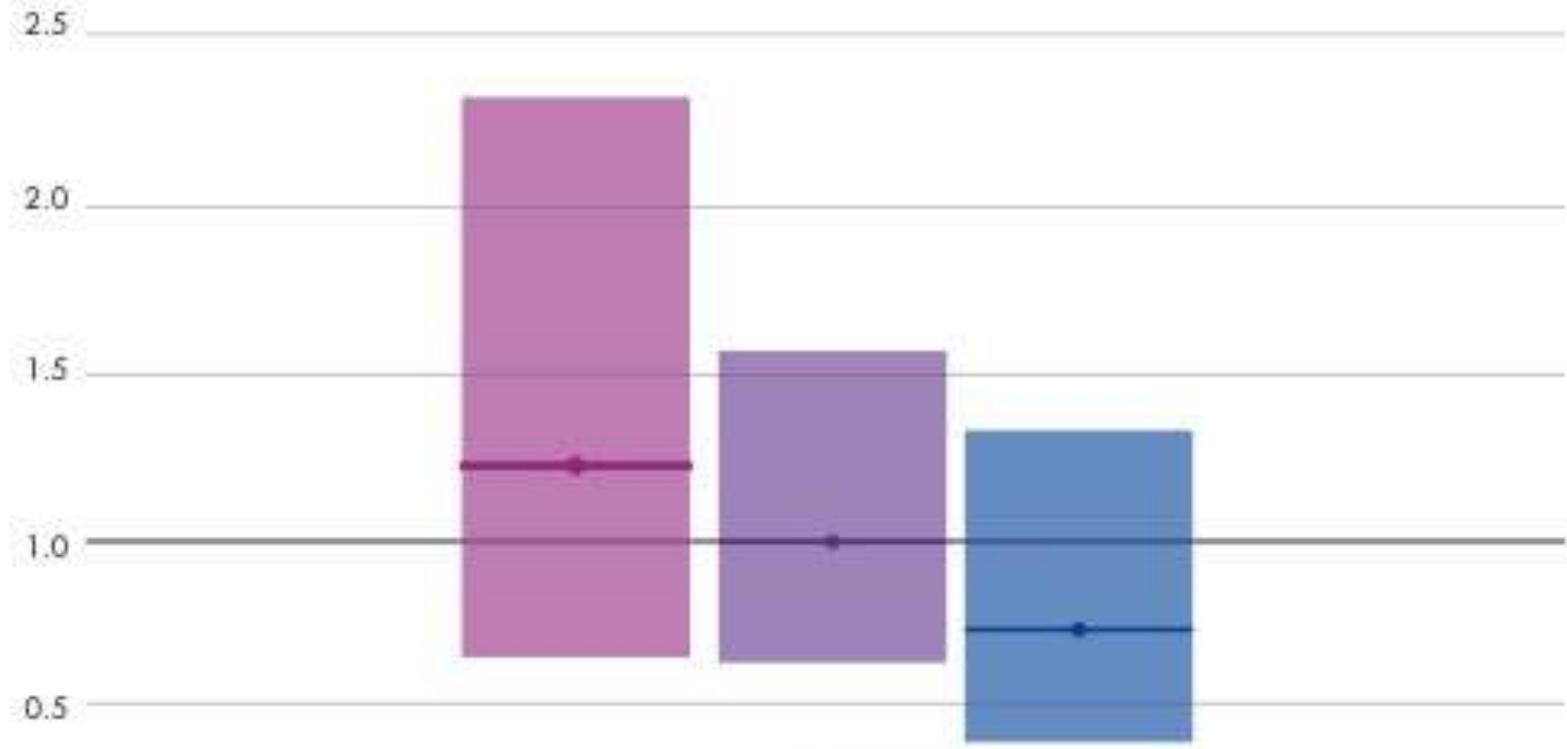
After the Sonke intervention: "Average Joe's" and "Smooth Operators" reduced sexual IPV slightly but "Aggressors" may have worsened



**Sexual IPV**

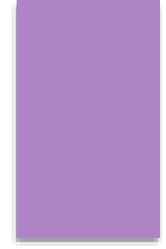
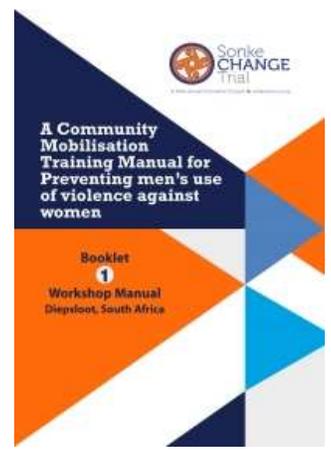
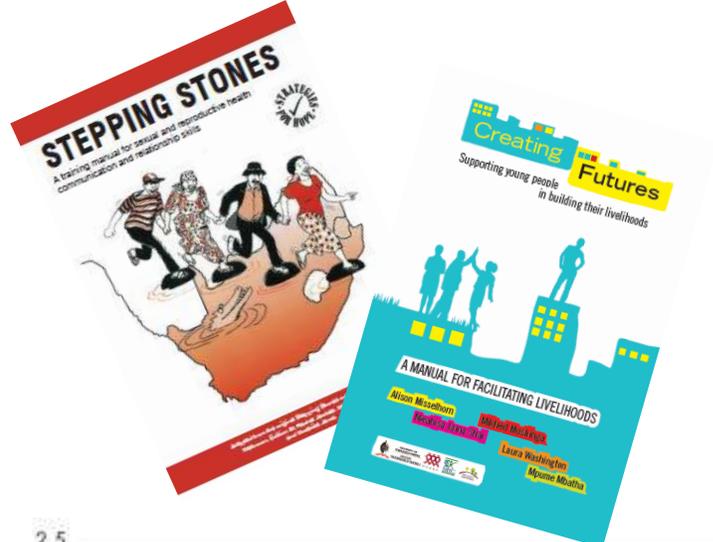


After the intervention "Average Joe's had lower odds of severe IPV  
"Smooth operators" stayed same; "Aggressors" may have worsened

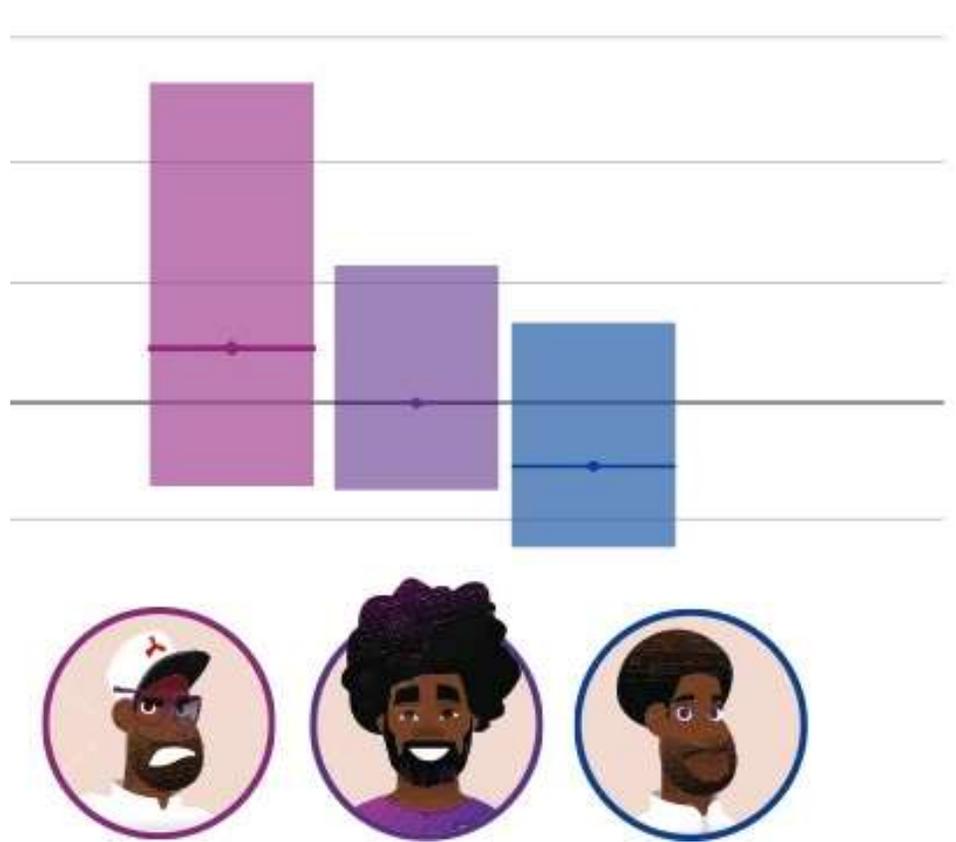
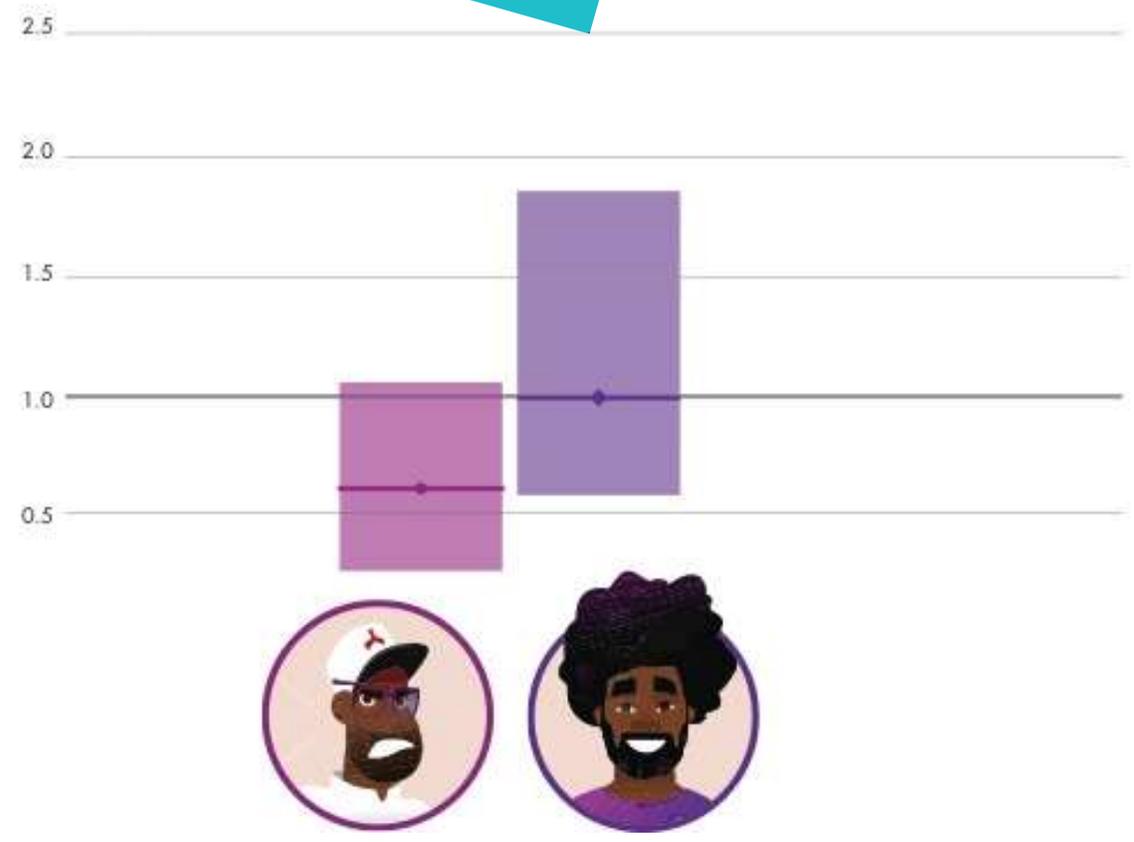


**Severe IPV**





# Severe IPV





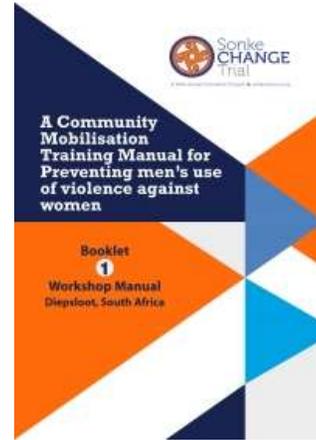
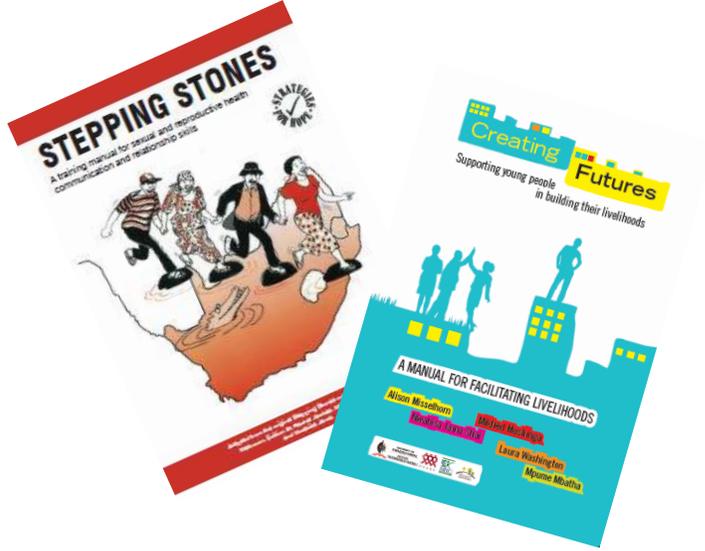
KEY TAKEAWAY: Interventions to prevent VAW have differential impact

In Stepping Stones and Creating Futures:

- the most violent men reduced their perpetration of physical violence, severe violence and non-partner rape more than the least violent men
- this intervention targets violence prevention at the men who need it most
- 80% of men are in the classes that have most benefit

In Sonke Change Trial:

- The most violent men may have gotten worse
- Slight improvements in least violent men (but none reaching statistical significance)



## Severe IPV

- ▶ Group – based
- ▶ Sustained engagement
- ▶ Critical reflection and personal growth
- ▶ Skills based
- ▶ Additional emphasis on major driver of IPV perpetration: livelihoods and poverty

- ▶ “Light touch”
- ▶ Few sustained engagements with the same people
- ▶ Only a few people had opportunity for critical reflection
- ▶ Attitudes based

# Acknowledgements

- ▶ We are grateful to women and men from communities who worked with us in the project and shared experiences from their lives
- ▶ Facilitators and fieldworkers worked tirelessly to ensure the interventions and accompanying trials were successful
- ▶ What Works is funded by UK Aid and the funds were managed by the South African Medical Research Council.